### **Emergency Rations**



# Mainstay 3600 KCAL Emergency Rations 9 bars per container



Mainstay Emergency Food Rations are the #1 choice for taste and nutrition. Each bar is baked with the freshest ingredients and vacuum packaged in specialty designed foil. Designed for a 5 - year shelf life, each bar is ready-to-eat, non-thirst provoking and packed with nutrients.

Used in emergency and survival situations, and also for the preparedness market; including outdoor activities like hiking, fishing, etc. Perfect for response teams, police, fire, military and aviation when food access is uncertain.

## **Nutrition Facts/ Information Nutritionnelle**

Serving Size/Tablette: 1 BAR (2.67 oz./76 grams)
Servings Per Container/No. Tablettes Par Paquet: 9

**Calories** 

**400** (1680 kj)

Amount Per Serving/Montant Per Tablette	% Daily Value*
Total Fat/Gras Total 23g	36%
Saturated Fat/Gras Saturé 7g	34%
Trans Fat/Gras Trans 0g	0%
Cholesterol/Cholestarol 0mg	0%
Sodium 23mg	1%

Total Carbohydrate/Hydrate de Carbone 46g	15%
Dietary Fiber/Contenu en Fibre 2g	9%
Sugars/Sucre 14g	
Protein/Proteine	3g

Vitamin/Vitamine A 50% • Vitamin/Vitamine C 60% • Calcium 50% • Iron/Fer 10% • Thiamin/Thiamine 15% Riboflavin/Riboflavine 25% • Niacin/Niacine 30% • Vitamin/Vitamine D 50% • Vitamin/Vitamine E 25% Vitamin/Vitamine B-6 90% • Folic Acid/Acid Folique 35% • Vitamin/Vitamine B-12 20% Phosphorus/Phosphore 40% • Magnesium 30% • Pantothenic Acid/Acide Pantothenique 100%

\*Percent Daily Values are based on 2,000 Calorie diet. Your daily values may be higher or lower depending on your calorie needs.

### **Shipping**

	Height (in)	Width (in)	Depth (in)	Cube (ft3)	Total Weight (lbs)
Each	6	5.5	1.3	0.03	1.8
Case	6	8	14	5.44	16
Pallet	40	48	50	55.55	2061

# Per Case 10 packets # Per Pallet 126 cases

# Per Layer 21 cases Layers Per Pallet 6 layers high • H.S. Tariff Classification # 1905.31.0000

#### Mainstay is now a wholly owned brand of SOS Food Lab.

This strategic partnership allows SOS Food Lab to enhance our global capacities and address emergency situations quickly, no matter where they happen. Mainstay products are accepted worldwide and, like SOS Food Lab products, are vacuum sealedfor freshness and a 5-year shelf life.

- No Cholesterol or Tropical oils
- High in Vitamins and Minerals
- Kosher Certified Food and Water
- Contains no peanuts or peanut oil
- Non-thirst provoking



SOS Food Lab, LLC

East Coast Manufacturing SOS Food Lab, LLC

Manufacturer of Emergency Food and Water Rations

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